



**College for International
Co-operation and Development**

Poverty Activist Programme



Volunteering in Africa and India

Welcome to CICD!

Dear student and future Development Instructor.

With your big heart beating for mankind, with your brain and hands ready for action, and with time and togetherness, you and we will make positive change. You will do this together with the many others who are working for necessary change.

In the first five months of the program you will immerse yourself into the many aspects of our fast changing world. You will dig deep into the driving forces of development, into how past events have influenced the political, economic and human landscape of our world today. You will get to know about what this means for The Poor - in the project country and also here in England.

During the first five months, you will also be part of the international community at CICD, running the school together with the rest of us.

Throughout the programme you will get to know the work ethics, productions and results of the Associations that make up the Federation of Humana People to People, who are the main players in the development projects.

Both the 5 months training period and the project period will also include preparing yourselves for the last one-month period of Bringing It to The Public. This is where you will bring what you have learned and done to many people. You will mobilise future teams by presenting what you and your team have carried out together with the local people at the project.

All the elements of the programme: the new learning, the practical actions, the debates within the team and with the people you meet, the obstacles you face, the results you accomplish, the team building and new friendships... all are important parts of your new experience.

The time for dreaming is now, as it is here that great things start!

Alone the world changes you – but together we change the world.

Plan for the periods of the 12 month Poverty Activist programme, week by week

PERIOD 1

ANOTHER KIND OF SCHOOL

1 Week

This first week will lay an important foundation for the programme – you learn about Another Kind of School, our pedagogy and the concept of being a Development Instructor. Your team will organise in Trios, and you will get involved in the lively and busy common life at the school.

Main themes & content

- Introduction to the school and programme
- Reading the programme book
- Learning about our Pedagogy
- Starting with your Responsibility Areas
- Understanding the team economy
- Discussing individual and common expectations



PERIOD 2

THE FORCES THAT RUN THE WORLD

4 Weeks

Your team is introduced to Historical Materialism and learn about the driving forces of development in the world today. You learn about the growing gap between rich and poor by putting up questions and statements – then studying and debating to find answers.

You also investigate the history, politics, economy and human conditions of the country where you will go for your 6 months volunteering period.

Main themes & content

- The world of people and politics
- The 4 M's: Money, Military, Media and Movements
- Historic materialism
- The Face of Imperialism
- Military Power and the fight for Peace
- One week of investigations in UK
- People's movements through history
- People and politics in the projects countries
- Building Weekend

PERIOD 3

THE FIGHT OF THE POOR & SOLIDARY HUMANISM

7 Weeks

Your team studies the conditions of the poor throughout history and in today's world, and their struggles throughout history and in today's world.

Training general project skills and leadership skills are on the agenda, as is studying the history and work of Humana People to People.

You choose project positions and gain an understanding of the concept of "Bringing IT to The Public" – the headline of your final month of the programme.

A two week investigation to meet the poor in the area around the school is prepared and carried out.

Main themes & content

- Africa / India studies
- The Fight of the Poor
- Colonialism and the Scramble for Africa
- Apartheid past and present
- Alienation & Liberation
- Development Concepts
- The Federation of Humana People to People associations
- The Power of Community
- Humankind – A hopeful history
- 2 week investigation of the conditions of the Poor in UK
- Leadership training



PERIOD 4

MAN AND NATURE IN HOT EMBRACE

4 Weeks

In this period your team will study about the risks that our way of life today presents to our planet and people of the future, along with the consequences in the form of the environmental rift that threatens all life on the planet. You get to grips with the human, natural and material resources and potentials that humankind has at its disposal.

Main themes & content

- The Ecological Rift & the Planetary Boundaries
- Riches and potentials in the world and the project country
- The richness of cultural diversity
- Understanding the richness of and the principles of garden farming and permaculture
- Global warming and climate change

- 40 Green World Actions
- Prepare for the communication with the Project Leader
- Outline the Bringing It to the Public period
- Language training
- Strengthening the Trios
- Training leadership skills
- Update plans for staying healthy

PERIOD 5

OUR PROJECT- OUR COUNTRY - READY TO TAKE OFF

4 Weeks

The last four weeks are used for the Trio's to finalise detailed plans for Bringing It to the Public, complete the project skills training required for the Humana project period, and to show the Project Leader and the Common meeting that we are ready for action.

Main themes & content

- The Project Country seen from all corners
- Health of the environment and the human body
- Where There is No Doctor
- Planning vaccinations, visa and travel plans
- Building weekend organised by the team
- Show the Project Leader we are ready
- Sum up the development of own leadership capacity
- Detailed plans for Period 9 – Bringing It to the Public
- Signing the volunteer contract and travel grant with Humana People to People

PERIOD X**COMMON OR LOCAL HIGHLIGHT****1 Week**

Your team will join one of the highlights of their period by either taking part in a 1-week Preparation Camp to organise a big event together with students and volunteers from schools in Denmark, or take part in a big special event at CICD.

This period will be placed at different times in the programme depending on when the common or local highlight takes place

Main themes and content

The highlight could include one of the following events:

- Winter Concert in Denmark
- Peace Conference in Denmark
- Planet Protection Conference in Denmark
- Olympic Games in Denmark
- Local action together with 'We Shall Overcome' or other local movements

PERIOD 6

FIGHTING WITH THE POOR - VOLUNTEERING WITH HUMANA PEOPLE TO PEOPLE

24 Weeks

The Trios arrive well to the Humana People to People project. You meet the project staff, get acquainted with the conditions of life at the project and work as Development Instructors, improving and changing the conditions of the Poor shoulder to shoulder with them.

Main themes and content

- Introduction period at the project
- Start-up work as a Development Instructor
- Organise a big event at the project in co-operation with the project activities
- Monthly detailed planning within the framework of the project activities together with Project Leader and project staff
- Monthly preparation of quality materials for the Bringing It to the Public period
- Monthly report and Skype meeting with your teacher and the responsible from the project
- Handover activities to the project staff and community



PERIOD 7 BRINGING IT TO THE PUBLIC

4 Weeks Back at CICD, the team finds the best ways to spread the vision of **CREATING CHANGE**.
The message is brought to people with creative methods to show that to create a better world is possible, is needed and is happening right now.

Main themes and content

- 3 day session to conclude on the period at the project
- Discussions about the Open Future
- The common meeting qualifies the materials and presentations for the 2 weeks of presentations for the public
- Final conclusions
- It's Show Time and Graduation!



