Poverty Activist Programme

Volunteering in Africa and India

www.cicd-volunteerinafrica.org

Winestead Hall, Patrington, Hull, HU12 0NP England
Welcome to CICD!

Dear student and future Development Instructor.

With your big heart beating for mankind, with your brain and hands ready for action, and with time and togetherness, you and we will make positive change. You will do this together with the many others who are working for necessary change.

In the first five months of the program you will immerse yourself into the many aspects of our fast changing world. You will dig deep into the driving forces of development, into how past events have influenced the political, economic and human landscape of our world today. You will get to know about what this means for The Poor - in the project country and also here in England.

During the first five months, you will also be part of the international community at CICD, running the school together with the rest of us.

Throughout the programme you will get to know the work ethics, productions and results of the Associations that make up the Federation of Humana People to People, who are the main players in the development projects.

Both the 5 months training period and the project period will also include preparing yourselves for the last one-month period of Bringing It to The Public. This is where you will bring what you have learned and done to many people. You will mobilise future teams by presenting what you and your team have carried out together with the local people at the project.

All the elements of the programme: the new learning, the practical actions, the debates within the team and with the people you meet, the obstacles you face, the results you accomplish, the team building and new friendships... all are important parts of your new experience.

The time for dreaming is now, as it is here that great things start!

Alone the world changes you – but together we change the world.
Plan for the periods of the 12 month Poverty Activist programme, week by week

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<thead>
<tr>
<th>PERIOD 1</th>
<th>ANOTHER KIND OF SCHOOL</th>
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<tbody>
<tr>
<td>2 Weeks</td>
<td>These first weeks will lay an important foundation for the programme - you learn about Another Kind of School, our pedagogy and the concept of being a Development Instructor. Your team will organise in Trios, and you will get involved in the lively and busy common life at the school.</td>
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**Main themes & content**

- Introduction to the school and programme
- Reading the programme book
- Learning about our Pedagogy
- Starting with your Responsibility Areas
- Understanding the team economy
- Getting started with the DI Trio Book of Preparations
- History of Humana People to People
- Discussing individual and common expectations
### PERIOD 2  
**THE WORLD OF PEOPLE AND DEVELOPMENT**

**4 Weeks**
Your team are introduced to Historical Materialism and learn about the driving forces of development in the world today. You learn about the growing gap between rich and poor by putting up questions and statements – then studying and debating to find answers. You also investigate the history, politics, economy and human conditions of the country where you will go for your 6 months volunteering period.

**Main themes & content**
- Historical materialism
- The driving forces of development in the world today
- 10 big issues of our times
- People and politics in the project country(ies)
- Using the DI Trio Book of Preparations
- Tour to Slavery Museum HULL
- Investigation activities
- Building Weekend
- Teacher Council Café
- Conclusion and People’s Exam
- Month end evaluation

### PERIOD 3  
**UNDERSTANDING AND CHANGING POVERTY**

**6 Weeks**
Your team studies the conditions of the poor throughout history and in today’s world. You also learn about Humana People to People in the project country – what areas are they working with and which results and changes that have had a good impact on peoples lives.

You also prepare and carry out a 3 day biking/hitch hiking investigation in a poor area around the school. The team starts to plan where to go and what to investigate, for the 2 weeks investigation.
Main themes & content

➢ The conditions of the poor in the project country
➢ The power of community
➢ Development aid
➢ Investigation as a tool of knowledge and understanding
➢ Presentations by two experts on poverty
➢ Start to prepare Period 3: Bringing It to the Public
➢ Planning vaccinations, visa and travel plans
➢ Teacher Council Café
➢ Midway Report and Status Meeting
➢ Month end evaluation
PERIOD 4  ZOOMING IN ON THE FUTURE

4 Weeks
In this period your team will study about the risks that our way of life today presents to our planet and people of the future, along with the consequences in the form of the environmental rift that threatens all life on the planet. The Core Groups get to grips with the human, natural and material resources and potentials that humankind has at its disposal.

Main themes & content
➢ The Environmental Rift
➢ Understanding the principles of garden farming and permaculture
➢ Health of the environment and the human body
➢ The region of the world where you work
➢ Global warming and climate change
➢ How development projects address Global Warming and Climate Change
➢ Practical actions in our organic garden farm
➢ Skype meetings with the project leader
➢ DI Trio Book of Preparations
➢ People exam
➢ Planning Vaccinations visa and travel
➢ Month end evaluation

PERIOD 5 NOW WE KNOW .... NOW WE UNDERSTAND .... NOW WE ARE READY TO TAKE ACTION!

5 Weeks
These last two weeks will be used for the Trios to finalise detailed plans for Bringing It to the Public, to complete the project skills training required for the 6 month project period, and to show the Project Leader they are ready for action.
During this period your team use 5 days to make an action that has a positive impact on a group of people.
Main themes & content

➢ Sum up the development of your leadership skills
➢ Show the Project Leader you are ready
➢ Detailed plans for Period 9 – Bringing It to the Public
➢ Conclusion report & meeting
➢ People’s Exam
## PERIOD X  COMMON OR LOCAL HIGHLIGHT

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<tr>
<th>1 Week</th>
<th>Your team will join one of the highlights of their period by either taking part in a 1-week Preparation Camp to organise a big event together with students and volunteers from schools in Denmark and Norway, or take part in a big special event at CICD.</th>
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| **Main themes and content** | The highlight could include one of the following events:  
➢ Winter Concert in Denmark  
➢ Peace Conference in Denmark  
➢ Planet Protection Conference in Denmark  
➢ Olympic Games in Denmark |

## PERIOD 7  HITTING THE GROUND RUNNING

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<tr>
<th>2 Weeks</th>
<th>This short period is all about arriving well at the Humana People to People project, being welcomed and adapting to your new reality and your volunteer tasks</th>
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| **Main themes and content** | - Welcome and introduction from the Project  
- Introduction period at the project and getting to know Project Leader, project staff and members of the community  
- Start up with the work as a Development Instructor  
- Getting into the routines of the work  
- Define goals for the next 2 months with the Project Leader |
### PERIOD 8  VOLUNTEERING WITH HUMANA PEOPLE TO PEOPLE

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<tr>
<th>24 Weeks</th>
<th>Working at a Humana People to People development project. Improving and changing conditions together with the local people.</th>
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| **Main themes and content** | - Monthly detailed planning within the framework of the project activities together  
- 12-week production planning session  
- Organise a big event at the project in co-operation with the project activities  
- Prepare quality materials as part of public diplomacy for the project  
- Monthly preparation of quality materials for the Bringing It to the Public period  
- Monthly report and Skype meeting with your teacher and the responsible from the project  
- Midway report and midway meeting  
- Conclusion report and conclusion meeting  
- Handover activities to the project staff and community  
- People’s Exam |
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<th>PERIOD 9</th>
<th>BRINGING IT TO THE PUBLIC</th>
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<td>4 Weeks</td>
<td>Back at CICD, the team find the best ways to spread the vision of CREATING CHANGE. The message is brought to people with creative methods to show that to create a better world is possible, is needed and is happening right now.</td>
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**Main themes and content**

- 3 day session to conclude on the period at the project
- Discussions about the Open Future
- The common meeting qualifies the materials and presentations for the 2 weeks of presentations for the public
- Final conclusions
- It’s Show Time and Graduation!