

## Fighting with the Poor - A Certificate – 21 months programme

Distance Learning at One World University, Mozambique

### The programme is divided in 5 periods

- 5 months international studies for the A-certificate and preparation for the service period;
- 2,5 months working and saving money, and preparing;
- 2,5 months travelling over land to your destination in Africa or India;
- 6 months work in your Development Instructor Trio at one of Humana People to People's projects in Africa or India;
- 5 months studies, exams for the A-certificate and Bringing It to the Public

### The modules and the number of credits corresponding to each

No	Module	Hours	Credits
1.	Contemporary World	80 hours	3,2 credits
2.	Natural and Environment Science	160 hours	6,4 credits
3.	The Poor	200 hours	8,0 credits
4.	Specialisation in Fighting with the Poor	360 Hours	14,4 credits
5.	Health	120 hours	4,8 credits
6.	Expressive Arts	80 hours	3,2 credits
7.	My Future	80 hours	3,2 credits
8.	Small Subjects	160 hours	6,4 credits
9.	Leadership Intelligence	120 hours	4,8 credits
10.	English	200 hours	8,0 credits
<b>Total</b>		<b>1.560 hours</b>	<b>62,4 credits</b>

<b>Curriculum</b>		
<b>1. International Relations</b>	<b>2. Globalisation</b>	<b>3. Richer and the Poor</b>
<ul style="list-style-type: none"> <li>- Trade and economic cooperation between nations</li> <li>- Political and diplomatic relations</li> <li>- Military conflicts and wars</li> <li>- Fighting for Peace</li> <li>- The United Nations</li> <li>- The multinational corporations</li> <li>- The NGOs (non-governmental organisations)</li> </ul>	<ul style="list-style-type: none"> <li>- The system of colonialism</li> <li>- Imperialism - neo - colonialism after Independence</li> <li>- Neoliberalism - politics and economics of Globalisation</li> <li>- How Globalisation creates The Poor</li> <li>- The North-South conflict - a conflict of yesteryear</li> <li>- Emerging economies - a new world order in the making</li> <li>- Global financial markets and speculation</li> <li>- The Globalisation of war</li> </ul>	<ul style="list-style-type: none"> <li>- The Human Condition of the Poor</li> <li>- The natural resources of Africa, Asia and Latin America</li> <li>- Hunger, malnutrition and the world's food production</li> <li>- The myths about development and developing countries</li> <li>- Development for the people - examples from the 20th century</li> <li>- Economic growth in 3rd world countries</li> <li>- How The Poor are fighting to change their condition</li> <li>- Development Aid</li> <li>- The debt trap - loans from the IMF, the world</li> </ul>

<ul style="list-style-type: none"> <li>- The Non-Aligned Movement</li> <li>- People's movements</li> <li>- Fighting for environmental sustainability</li> <li>- Powerful religious Institutions</li> <li>- Modern media</li> </ul>	<ul style="list-style-type: none"> <li>- Human rights and the international justice system</li> <li>- Who controls the world?</li> <li>- The War on Terror</li> <li>- The international drug business</li> <li>- Power or People? Can Globalisation serve both?</li> </ul>	<ul style="list-style-type: none"> <li>bank and others</li> <li>- The economic crisis of 2008 and beyond</li> <li>- Global Warming and Climate Change - consequences for Richer and The Poor</li> <li>- The world's refugees</li> <li>- Migrant workers</li> <li>- Modern-day slavery</li> <li>- The up-and-coming middle class</li> <li>- The growing inequality in the rich part of the world</li> </ul>
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## The first period: World Studies

At CICD, you will find that learning is not first and foremost about listening to the teacher. Learning will take place through communication, deliberations, through working out your plan for learning and sticking to it, and putting to use what you learned, the methods you used, the ideas you got from it and the results you harvested from the training. You will train yourself in being adventurers and survivors, living and travelling under very humble conditions, not using much money and always finding a way out, being smart and sticking together with your team mates.

The first period is organised in 3 parts with the title of each part pointing out the direction for the studies: International relations, Globalisation, The Richer and The Poor. This period is focused on learning a lot about the mechanisms that rule our world. Whatever your starting point, you can be sure to deepen your understanding and readiness for taking action.

- Studying how the world has been divided in rich and poor countries.
- Why are the rich countries in the North and the poor countries in the South – studying imperialism and colonialism.
- Deciding on the countries and the projects to travel to in Africa or India.
- Studying the countries you are travelling to.
- Making investigations on international relations in official offices located in the North - like UN offices, world bank, IMF, companies investing and exploiting resources in third world countries.
- Understanding the world economy and why third world countries are in debt to international banks.
- Understanding Globalisation and how it affects the international relations between North and South.
- Forming Trios ( group of 3 students) who work together at the project in Africa or India.
- Choosing the project to work at in period 4 in Africa or India – be it Child Aid, Farmers Club, TCE, Fundraising, DNS, OWU or starting up something new.
- Building up the collective foundation by running the school and the team together.

- Training practical skills to be used in period 4, working at the project as a Trio.
- Studying the curriculum for Fighting with The Poor A-certificate: The Poor – general facts on the whole world: populations hit by being poor, history of poor people, global phenomena hitting poor people.
- Studying global phenomena hitting especially The Poor such as Global Warming with the consequences of floods, droughts and the issue of food production.
- Running the school together with all aspects such as physical work, cooking, cleaning, maintenance, sports, Garden Farming and healthy food.
- Training in being adventurers and survivors, living and travelling under very humble conditions, not using much money and always finding a way out by ingenuity, being smart and sticking together with your comrades.
- Building up stamina, physical strength and courage for being an appropriate fighter with The Poor.

### **The second period: Getting it ready**

This period is dedicated to working to save up money for the travel period. You will explore the national and European field to find the best places to work to earn and save money. You will decide on and practice common economy together with your team, finalise the preparations of the travel and study about the countries you will visit. The travel preparations include deciding the travel route, investigating about the different countries, getting visa in order, making detailed plans for which projects and people to visit and what investigations to make.

- Exploring the national and European field to find the best places to work to earn and save money.
- Working in all kinds of workplaces: factories, shops, restaurants; cleaning offices, supermarkets and hospitals; or private enterprises such as painting houses – each has at least 2 jobs.
- Deciding on and practicing common economy in the saving-up period.
- Doing fundraising in the streets through different means like talking to people, making street theater, selling pamphlets about the projects in Africa and India, showing exhibitions, playing music and singing.
- travelling around cheaply by hitchhiking, moving rental cars, agreements with truck drivers, walking and biking.
- Living cheaply with regard to both housing and food, finding good ways to do it in healthy ways as well.
- Preparing the travel to the country of destination. Finalising travel route. Deciding and preparing the means of travel. Planning how to carry through the travel in a safe manner.
- Studying the travel countries – their people and their conditions, history, geography, economy, food production, education and current situation.

- Building up good comradeship in your Trio and in the group as such: challenging each other to go for the goals, sticking together to eliminate obstacles, using and discussing conflicts to further the collective living, seeking common ground and having fun while doing it all.

### **The third period: On the Road through Africa or Asia**

Travelling over land to the project. Living on the road, being on the move, finding means of transport and places to sleep, talking to people on the road, being curious to understand and know about the countries you are travelling through. Making investigations - previously decided and prepared at the school - meeting people, visiting their workplaces, staying in their homes, understanding their fights, having practical actions with the people you know on the move, help them with whatever they need, meeting their culture and values and sharing thoughts with them about the world and the future. Putting up investigations on a higher level, asking tough questions to self and to the group, getting hold of more answers and putting up new questions.

- travelling by means of hitchhiking, agreements with truck drivers for a long haul or other free transportation invented.
- Investigating in the various countries by talking to people, staying in people's homes, visiting their workplaces, staying at places for specific investigations.
- Getting used to being on the move, watching and reflecting on the differences coming from the North going to the South e.g. through Morocco and the Saharan desert or through Turkey and the Middle East to Northern Africa. Finding cheap trains and busses where other transport is not available.
- Finding a way to travel cheaply to India if that is the country of destination.
- Setting up camp for a few days and studying part of the curriculum for the A-certificate in Fighting with The Poor: The politics and economy of globalization, demographic issues 2011-2050, wars and The Poor, big issues of our time.
- All hands on deck. Through your travel you'll meet lots of people and for sure some of them will need help with practical actions that will improve their daily life. You'll offer your help. You'll get to know the locals even better and help them at the same time.
- Training to speak up, speak with people in different languages, write and hold speeches of what is seen and experienced.
- Deliberating and discussing in the Trio the future perspectives for people in the countries you are travelling through as well as for your country of destination.
- Being a traveller 24/7 with all senses open, curiosity and getting out there are the driving forces inside of you. Using all opportunities to learn more, crossing your own limitations, getting a bunch of new friends and enjoying being on the move.

### **The fourth period: Service Period in Africa or India**

The Service Period in Africa or India takes place in co-operation with Humana People to People ([www.humana.org](http://www.humana.org)). In this period, you can work in areas such as:

- Teacher Training Colleges, educating teachers for rural areas.
- Vocational schools for young people.
- Schools for street children.
- Preschools.
- Sanitation and hygiene in rural areas.
- Tree planting campaigns.
- Raising funds for social projects by forming partnerships and selling second hand clothes and shoes.
- Stopping the spread of HIV/AIDS (following the programme TCE/Total Control of the Epidemic).

Arriving at the project in Africa or India, having left behind a courageous journey where fundamental human capabilities have been turned around, refreshed and energised by knowing that things such as travelling can be done in a totally different way than the mainstream tourist travelling. You will arrive at the project with a very different understanding of how the World works and after all you have seen during the travel you will feel very inspired to help making a change in the world.

- Ready for doing the work needed at the project, bringing plans and materials from the previous periods. Getting to know the people at the project, the vision and idea of the project and the many concrete tasks to be carried out.
- Studying and working with your Specialisation in Fighting with The Poor, finalising with a People's Exam and a written thesis at the end of the period.
- Acquiring skills in information work: making interviews, taking notes and pictures, writing summaries and reports, recording video film.
- Living together with the people at the project, being a good example of living a humble life while improving things with small means to better the daily life.
- Planning how to carry out the actions prepared in the preparation period: building preschools, starting Garden Farming, doing literacy campaigns, carrying out prevention actions against malaria, teaching about big issues of our time at DNS, teaching English at OWU, starting up income generating activities and much more.
- Developing the project with its productions, its routines and its actions, more members, better implementation.
- Mobilising people for community actions.
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## The fifth period: Bringing It to the Public

Based at the school, but can include travelling to one or more places in Europe to share your experiences. Now returning to the College with heads and hands full of new knowledge and energy for Bringing it to the Public and ready to share with as many people as possible what you've seen and experienced during the last 18 months.

- Meeting in the team, showing and telling, exchanging experiences and knowledge, distilling it and making it common knowledge.
- Gathering the documentation and deciding on products to be able to bring true journalism to the Public.
- Producing articles, pamphlets, videos, radio broadcasts, presentations, exhibitions, speeches for debate forums, books and more. The idea is to have a period where you spread as much as possible what you have seen and experienced. About the realities you got to know and what can be done to improve the life of The Poor.
- Studying further the curriculum in Fighting with The Poor.
- Bringing the truth to the public. Going on tour in the European field to spread the new knowledge in a thousand ways – speeches, newspaper articles, lectures at universities and colleges, debates and other public events, radio broadcasting, TV reports, exhibitions – leading to clearer understanding and inspiring to action.
- Passing the final exams for A-certificate in Fighting with The Poor.
- Concluding on the programme, using the last time together to throw up future perspectives for The Poor and the big issues of our time and also understanding and taking a stand to the concept of Open Future.