



College For International  
Cooperation and Development



# The 12 month Poverty Activist programme

Volunteer in

**Africa  
and India**



Start every year  
in February and August



## YOU CAN HELP WITH:

- Prevention of Malaria & HIV/AIDS
- Education of Children and Adults
- Food Security and Farming
- Environment Sustainability

College for International  
Co-operation and  
Development (CICD)

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**12 months**



## The Structure of The Programme

**Period 1** – 5 months studies and training at CICD

**Period 2** – 6 months volunteer work in Africa or India

**Period 3** – 1 month for evaluation and presentations

## Certifications

- Field Work Certification from Humana People to People
- Development Instructor Certification from College for International Co-operation and Development



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## Period One



### Building Your Foundation for Change (5 Months)

- **Develop a Global Mindset:** Explore critical global issues, delve into world history, and analyse the root causes of poverty and climate change.
- **Prepare for Development Work:** Gain in-depth knowledge about your destination country (Zambia, Malawi, or Mozambique) through studies in geography, history, and local culture.
- **Become an Ethical Partner:** Learn about Humana People to People, our partner organisation, their mission, values, and ethical practices.
- **Sharpen Your Skills:** Develop practical and communication skills. **Foster Collaboration:** Live and learn alongside other students, teachers, and staff. Contribute to the CI CD community by participating in the daily operations of the school.
- **Form Your Trio:** Team up with two fellow participants to form your Trio. Together you choose the project, and prepare for your volunteer work. This strong foundation will ensure your success and create a supportive network throughout the programme





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## Period Two

### Hands-on Action – be part of the Change! (6 Months)



Get ready to make a real difference! This period immerses you in the heart of development work alongside your Trio, in Zambia, Malawi, or Mozambique. Prepare to be challenged and inspired by this life-changing experience.

- **Contribute to Sustainable Development:** You will be supporting an ongoing local project to tackle the root causes of poverty, focusing on areas like education, health and sustainable agriculture.
- **Diverse Tasks, Lasting Impact:** Your responsibilities could involve conducting surveys, holding workshops, supporting income generating initiatives for women, creating teaching materials for pre schools, repairing water pumps, and more.
- **Embrace a New Culture:** Live alongside the local community, experience their traditions, and gain a deeper understanding of their way of life. This will challenge your perspectives and enrich your understanding of the human condition.
- **Learn from Each Other:** Connect with local people and learn from their stories, experiences, and resilience.
- **Document Your Journey:** Capture your experiences through photos, stories, poems, or even songs. These will become valuable tools for sharing your knowledge and inspiring others upon your return



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## Period Three

### Sharing Your Impact and Inspiring Action (1 Month)

Return to CICD brimming with stories and experiences. This final month focuses on concluding on your incredible journey and inspire others to action.

#### Leave a Lasting Legacy:

- **Capture Your Experiences:** Work with your Trio to create impactful materials like newsletters, podcasts, videos, blog posts, or multimedia projects. This will raise awareness about the reality you met at the project.
- **Become an Advocate:** Embark on a two-week outreach mission. Visit schools, universities, and community organisations. Share your experiences, and the message of "Together we can change the world." Inspire others to join the fight against poverty.
- **Celebrate your achievements:** The college organises a Graduation Party and you receive your certificates. Together with your team and people at the development project, you have made a difference, as well as friends for life! Who knows what the future holds now?





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# Starting dates and costs

Teams start in February and August every year



## PROGRAMME COSTS

- Course Fees: £4,750 (includes food and accommodation for the 6 months at CICD)
- Enrollment Fee: £500

## FINANCIAL SUPPORT

Humana People to People, our partner organization, offers a travel grant to cover expenses during the 6-month volunteer period. This includes:

- Travel expenses to the project
- Food and accommodation
- Pocket money

## GAIA SCHOLARSHIP

Does financial limitation hold you back from joining the Poverty Activist Programme? The Gaia Scholarship Programme can bridge the gap!





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# Unveiling the Gaia Scholarship

## Your Path to Making a Difference

### WHAT IS THE GAIA PROGRAMME?

During the Gaia programme, you can raise a scholarship towards your course fees, including food and accommodation. It's also a unique opportunity to combine practical experiences with theoretical learning.

### HOW IT WORKS

The Gaia team supports the school by helping run the clothes and shoes collection, take care of garden and park, maintenance tasks and marketing activities.

*NB. Because of the UK immigration rules, the Gaia programme is only available to European and UK passport holders.*



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# About CICD

## OUR LEGACY

Since the start in 1998, more than 1400 students from CICD have contributed greatly to many of the development projects run by our partner Humana People to People.

## A UNIQUE LEARNING EXPERIENCE

At CICD, we learn by doing—tending to our organic garden, exploring the Walled Garden, and enjoying community amidst nature.

### ***College for International Co-operation and Development***

*We are: Accredited by British Accreditation Council (BAC)*

*Our address: Winestead Hall, Patrington, Hull HU12 0NP, England*

*Website: <https://cicd-volunteerinafrica.org/>*

*You are welcome to contact us with any questions, to schedule a call or request an application form.*

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